

SISSEL[®] Portal Pro Therapy Chair

by Oakworks



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Product use description

The SISSEL® Portal Pro Therapy Chair is a multipurpose, portable chair use primarily for therapeutic massage treatment. It is intended to be used by a therapist in a professional environment. No special training is required to use this chair. The therapist should read and understand this entire manual before use with a patient. There are no known contradictions to the use of this equipment.

Symbol identification



This symbol, when used in this manual and on product labels, represents a caution warning. Be sure to read and comply with all precautions and warnings.

Important safety instructions – READ AND SAVE THESE INSTRUCTIONS

- | Weight Limit: (patient and accessories) 159 kg. Do not exceed.
- | The Chair is designed to be a stand-alone device. This chair must not be modified or incorporated into any other equipment.
- | As with any folding mechanism, there are potential pinch points around the chair. Be careful not to trap fingers when folding.
- | Do not stand on this chair.
- | Use this chair on level ground only.
- | Use this furnishing only for its intended use as described in these instructions. Do not use attachments not recommended by the manufacturer.

Product description

Accessories:

- | Sternum Pad
- | Carry strap
- | Carry bag
- | Various Face Rest Crescents



Setting up your chair



Make sure the cable is fully extended before sitting on the chair.

1. Lean your chair forward and lift the back of the seat until fully open.
2. Remove the plastic covering from the wheels and feet.



Chair height, seat angle & height adjustment



These adjustments can only be made when no one is on the chair.

Cable system changes the height of the chair.

To change cable setting:

1. Lift seat to relax tension on the cable and remove the "Z" clip from the seat hole.
2. Insert the "Z" clip into the correct hole and pull back on seat tube until the cable is taut. The "Z" clip should lay flat against the seat tube.

Raising and lowering the seat height also changes the seat angle.



A good basic seat position is when the seat is angled downward toward the front feet, with the back of the seat higher than the front. Lumbar strain can be reduced by raising the seat height one to two holes.

To change the seat height

Push in button on seat tube while raising or lowering the seat. Release button when proper height is achieved.



Be sure the push button is fully engaged and the seat tube is not resting on "Z" clip before sitting on the chair.



Arm rest adjustments



The arm rest is designed for the weight of your patients forearms. Do not allow your patients to push against the arm rest to lift themselves out of the chair.

To change the arm rest position

1. Pull the buckle tab to lengthen the strap. Release the cam lock. Lift or lower arm rest until your patient's forearms rest comfortably on the pad and his/her shoulders are comfortably rounded.
2. Lock cam lock and tighten strap by pulling on it.



Helping your patient onto the chair

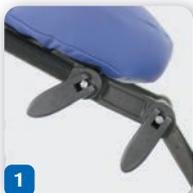
- I Have your patient stand on the right side of the chair and grasp the chair frame just above the chest pad for support.
- I Have the patient straddle the seat and place left knee on the left knee pad (farthest away from their body).
- I Your patient can then gradually begin to sit down. Once seated, the patient can put right knee on the right knee pad.
- I You can then make the proper adjustments to the face and arm rests for proper patient comfort and positioning.

Face rest adjustments for optimal patient comfort

Oakworks QuickLock™ Face Rest has virtually unlimited positioning.

1. Show your patient how to get on the chair.
2. Release the cam locks and knobs on the face rest. (Fig. 1)
3. Ask your patient to sit down and hold onto the face rest on the hook and loop fastener on the sides of the "U" tube. (Fig. 2)
4. Tell your patient to pull the face rest toward his/her forehead until it rests comfortably on the pad.
5. Have your patient lean forward, letting the chair support his/her weight until in a relaxed position.
6. Lock the cam locks first and then tighten the knobs.

- Do not over tighten the knobs - too much force may cause stripping. (Fig.3)
- The face rest can be moved up and down after loosening the knobs and angled after releasing the cam locks.
- The face rest platform cam locks are reversible.



Tips for perfect positioning

- Adjust seat height higher for those short patients who are having trouble getting comfortably into the face rest.
- Reduce knee flexion by raising the seat and the chair height. Some patients may find it more comfortable to put their feet flat on the floor.
- Short, heavy or large-breasted patients will be more comfortable with the face rest moved toward them, over the chest pad.
- The Sternum Pad (Fig. 1) helps you maximize the effects of treatments. Position the sternum pad vertically when doing shoulder work or for large-breasted patients. Position the sternum pad horizontally with the ridge just below the breasts for pregnant women.
- Use the sternum pad for supporting the cervical region. Replace the face-rest pad with the sternum pad. Release the cam locks and knobs, and move the sternum pad so that the ridge of the sternum pad supports the cervical spine. You may have to lower the seat or provide a foot stool for shorter patients.
- To seat patients backwards in chair, turn the face pad around so that the curve of the "U" supports your patient's neck and lower the seat so that it is parallel to the floor. (Fig. 2)



Folding your chair

1. Release the arm-rest cam lock and the strap to fold the arm rest. Lock the cam.
2. Fold down the face rest and relock the cam locks and tighten the knobs (Fig.1).
3. Put the push button on the seat tube into the third hole from the bottom.
4. Lean the chair forward and push in the seat. The chair will fold (Fig.2). Push on the seat to lock it in the folded position.
5. The massage chair has wheels, so you can pull it along smooth surfaces by holding onto the face rest. Use the spacer bar on the face rest as a handle for pulling your chair. Stand behind the seat and grab the spacer bar. Pull it toward you.
6. Your chair is designed to protect the pads by keeping them far off the floor as you pull it (Fig.3). The wheels will roll on any surface.







The natural way of Sweden



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